A Mighty Long Way

This book examines one of the most contested issues facing feminists, human rights activists and governments around the globe – the international sex trade. For decades, the liberal left has been conflicted as to whether pro-prostitution activists or abolitionists hold the correct view, and debates are ongoing as to who holds the key to the solutions facing the women and girls involved. Over the course of two years, Bindel conducted 250 interviews in almost 40 countries, cities and states, traveling around Europe, Asia, North America, Australia, New Zealand, and East and South Africa. Visiting legal brothels all around the world, Bindel got to know pimps, pornographers, survivors of the sex trade, and the women being sold by men classed as ‘business entrepreneurs’. Whilst meeting feminist abolitionists, pro-prostitution campaigners, police and government officials, and the men who drive the demand, Bindel uncovered the lies, mythology and criminal activity that shroud this global trade, and suggests here a way forward for the women seeking to abolish the oldest oppression. Informed by the lived human experience of those interviewed, this book will be of great interest to feminists, students, criminal justice advocates, criminologists and human rights activists.

Another Kind of Madness

David's Inferno combines intensely personal reminiscences of a two-year nervous breakdown with contemporary insights on how manic-depression manifests and how it is diagnosed and treated. Author David Blistein shares his experiences to shed light on the darkness of depression for fellow travelers as well as those who care about them. Millions of people suffer from major depressive episodes. All of them want relief but, more importantly, most simply want to know that they are not alone. With gentle wry humor and a compassionate tone, David's Inferno offers a tale of realization, acceptance, and hope. It is neither prescriptive nor opinionated, seeing all forms of therapy as potentially beneficial in the continuum of care. David's
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Inferno is also an ideal book for friends and family of those suffering from depression, helping them to better understand what their loved ones are experiencing.

Playing Dead

On February 4, 2008, Forrest Church sent a letter to the members of his congregation, informing them that he had terminal cancer but promising to sum up his thoughts on the topics that had been so pervasive in his work—love and death. The goal of life, Church tells us, “is to live in such a way that our lives will prove worth dying for.” This moving book is imbued with ideas and exemplars for achieving that goal.

I'm Your Huckleberry

Between 2007 and 2009, Rich Benjamin, a journalist-adventurer, packed his bags and embarked on a 26,909-mile journey throughout the heart of white America, to some of the fastest-growing and whitest locales in our nation. By 2042, whites will no longer be the American majority. As immigrant populations—largely people of color—increase in cities and suburbs, more and more whites are moving to small towns and exurban areas that are predominately, even extremely, white. Rich Benjamin calls these enclaves "Whitopias" (pronounced: "White-o-pias"). His journey to unlock the mysteries of Whitopias took him from a three-day white separatist retreat with links to Aryan Nations in North Idaho to the inner sanctum of George W. Bush's White House—and many points in between. And to learn what makes Whitopias tick, and why and how they are growing, he lived in three of them (in Georgia, Idaho, and Utah) for several months apiece. A compelling raconteur, bon vivant, and scholar, Benjamin reveals what Whitopias are like and explores the urgent social and political implications of this startling phenomenon. The glow of Barack Obama's historic election cannot obscure the racial and economic segregation still vexing America. Obama's presidency has actually raised the stakes in a battle royale between two versions of America: one that is broadly comfortable with diversity yet residentially segregated (ObamaNation) and one that does not mind a little ethnic food or a few mariachi dancers—as long as these trends do not overwhelm a white dominant culture (Whitopia).

Ski Inc.

On February 19, 2007, SSG Shilo Harris was patrolling an infamous southern Iraqi roadway when his Humvee was struck by an IED. Moments later, three members of his crew were dead and Shilo had sustained severe burns over 35 percent of his body, lost his ears and the skin off his face, and lost much of the use of his badly mangled fingers. This fiery moment was just the beginning of an arduous road laced with pain, emotional anguish, and much soul-searching. For forty-eight days
Shilo lay trapped in a medically induced coma as his wife, unable to ease his suffering, had to come to grips with a man utterly changed. This is the story of a young boy raised in a small Texas town under the heavy yoke of a father struggling with the personal aftermath of his service in Vietnam. This is the story of the first human being to participate in extracellular stem cell regeneration to regrow lost body parts. This is the story of the survivor not only of an explosion but of more than sixty surgeries to restore both form and function to his broken body. This is the story of the wife who stood by his side, made hard decisions, and continues to support her husband through his struggles with PTSD. This is the story of a God who reshapes us into the people he wants us to be. And in that way, this is the story of all of us. Anyone whose life has been touched by tragedy and loss, especially military families dealing with PTSD, TBI, amputations, and other realities of wartime service, will find strength, encouragement, and inspiration in this moving memoir.

Steel Will

A New York Times bestseller From Vice President-Elect Kamala Harris, one of America's most inspiring political leaders, a book about the core truths that unite us, and the long struggle to discern what those truths are and how best to act upon them, in her own life and across the life of our country Vice President-Elect Kamala Harris's commitment to speaking truth is informed by her upbringing. The daughter of immigrants, she was raised in an Oakland, California community that cared deeply about social justice; her parents--an esteemed economist from Jamaica and an admired cancer researcher from India--met as activists in the civil rights movement when they were graduate students at Berkeley. Growing up, Harris herself never hid her passion for justice, and when she became a prosecutor out of law school, a deputy district attorney, she quickly established herself as one of the most innovative change agents in American law enforcement. She progressed rapidly to become the elected District Attorney for San Francisco, and then the chief law enforcement officer of the state of California as a whole. Known for bringing a voice to the voiceless, she took on the big banks during the foreclosure crisis, winning a historic settlement for California's working families. Her hallmarks were applying a holistic, data-driven approach to many of California's thorniest issues, always eschewing stale "tough on crime" rhetoric as presenting a series of false choices. Neither "tough" nor "soft" but smart on crime became her mantra. Being smart means learning the truths that can make us better as a community, and supporting those truths with all our might. That has been the pole star that guided Harris to a transformational career as California’s attorney general, as a United States senator, and now as vice president-elect, grappling in every role with an array of complex issues, from health care and the new economy to immigration, national security, the opioid crisis, and accelerating inequality. By reckoning with the big challenges we face together, drawing on the hard-won wisdom and insight from her own career and the work of those who have most inspired her, Kamala Harris offers in THE TRUTHS WE HOLD a master class in problem solving, in crisis management, and leadership in challenging times. Through the arc of her own life, on into the great work of our day, she communicates a vision of shared struggle, shared purpose, and shared values. In a book rich in many home truths, not least is that a relatively small number
of people work very hard to convince a great many of us that we have less in common than we actually do, but it falls to us to look past them and get on with the good work of living our common truth. When we do, our shared effort will continue to sustain us and this great nation, now and in the years to come.

Black Rainbow

Like masterpieces of art, music, and literature, great mathematical theorems are creative milestones, works of genius destined to last forever. Now William Dunham gives them the attention they deserve. Dunham places each theorem within its historical context and explores the very human and often turbulent life of the creator -- from Archimedes, the absentminded theoretician whose absorption in his work often precluded eating or bathing, to Gerolamo Cardano, the sixteenth-century mathematician whose accomplishments flourished despite a bizarre array of misadventures, to the paranoid genius of modern times, Georg Cantor. He also provides step-by-step proofs for the theorems, each easily accessible to readers with no more than a knowledge of high school mathematics. A rare combination of the historical, biographical, and mathematical, Journey Through Genius is a fascinating introduction to a neglected field of human creativity. "It is mathematics presented as a series of works of art; a fascinating lingering over individual examples of ingenuity and insight. It is mathematics by lightning flash." --Isaac Asimov

Beautiful Boy

"Families are riddled with untold secrets. But Stephen Hinshaw would have never thought that in his family a profound secret had been kept under lock and key for 18 years. From the moment his father revealed his long history with mental illness and involuntary hospitalizations, Hinshaw knew his life would be changed forever. Hinshaw calls his father's reveal "psychological birth"--after years of experiencing the ups and downs of his father's illness without knowing it existed, watching him disappear for weeks at a time only to return as the loving father he had always known, everything he experienced as a child began to make sense. He learned as much as possible about his father's illness, and what began as an exploration into his father's past and mental health turned into a full-fledged career as a clinical psychologist. In Another Kind of Madness, Hinshaw explores the burden of living in a family "loaded" with mental illness and debunks the "stigma" behind it, explaining that in today's society, mental health problems can result in a loss of a driver's license, inability to vote or run for office, ineligibility for jury service, or automatic relinquishment of child custody. With a moving personal narrative and shocking facts about how America views mental health conditions in the 21st century, Another Kind of Madness is a passionate call to arms regarding the importance of destigmatizing mental illness"--

One Life
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Is it still possible to fake your own death in the twenty-first century? With six figures of student loan debt, Elizabeth Greenwood was tempted to find out. So off she sets on a darkly comic foray into the world of death fraud, where for $30,000 a consultant can make you disappear—but your suspicious insurance company might hire a private detective to dig up your coffin only to find it filled with rocks. Greenwood tracks down a British man who staged a kayaking accident and then returned to live in his own house while all his neighbors thought he was dead. She takes a call from Michael Jackson (no, he’s not dead—or so her new acquaintances would have her believe), stalks message boards for people contemplating pseudocide, and gathers intel on black market morgues in the Philippines, where she may or may not obtain some fraudulent goodies of her own. Along the way, she learns that love is a much less common motive than money, and that making your death look like a drowning virtually guarantees that you’ll be caught. (Disappearing while hiking, however, is a way great to go.) Playing Dead is a charmingly bizarre investigation in the vein of Jon Ronson and Mary Roach into our all-too-human desire to escape from the lives we lead, and the men and women desperate enough to give up their lives—and their families—to start again. "Delivers all the lo-fi spy shenanigans and caught-red-handed schadenfreude you're hoping for." --NPR "A lively romp." --The Boston Globe "Grim fun." --The New York Times "Brilliant topic, absorbing book." --The Seattle Times "The most literally escapist summer read you could hope for." --The Paris Review

Family Papers

A veteran journalist navigates the mother-daughter relationship at its most crucial moment With the eye of a reporter, the curiosity of an anthropologist, and the open (and sometimes wounded) heart of a mother, award-winning author Lauren Kessler embeds herself in her about-to-be-teenage daughter’s life. In seventh- and eighth-grade classrooms, at home, online, at the mall, and at summer camp, Kessler observes, investigates, chronicles- and participates in-the life of a twenty-first-century teen. As she begins to better understand and appreciate her mercurial daughter, their relationship—at first a mirror of the author’s difficult relationship with her own mother—lurches in new directions. With the help of a resident teen expert (her daughter), as well as teachers, doctors, therapists, and other mothers, Kessler illuminates the age-old struggle from both sides, gracefully interweaving personal experience with journalistic inquiry. Funny, poignant, and insightful, My Teenage Werewolf explores the fascinating and scary world of today’s teen as it comes to grips with the single most important relationship in a woman’s life.

Love & Death

From Herodotus’s day to the present political upheavals, the steady flow of the Nile has been Egypt’s heartbeat. It has shaped its geography, controlled its economy and moulded its civilisation. The same stretch of water which conveyed Pharaonic battleships, Ptolemaic grain ships, Roman troop-carriers and Victorian steamers today carries modern-day
tourists past bankside settlements in which rural life – fishing, farming, flooding – continues much as it has for millennia. At this most critical juncture in the country's history, foremost Egyptologist Toby Wilkinson takes us on a journey up the Nile, north from Lake Victoria, from Cataract to Cataract, past the Aswan Dam, to the delta. The country is a palimpsest, every age has left its trace: as we pass the Nilometer on the island of Elephantine which since the days of the Pharaohs has measured the height of Nile floodwaters to predict the following season's agricultural yield and set the parameters for the entire Egyptian economy, the wonders of Giza which bear the scars of assault by nineteenth-century archaeologists and the modern-day unbridled urban expansion of Cairo – and in Egypt's earliest art (prehistoric images of fish-traps carved into cliffs) and the Arab Spring (fought on the bridges of Cairo) – the Nile is our guide to understanding the past and present of this unique, chaotic, vital, conservative yet rapidly changing land.

Searching for Whitopia

An astonishingly brave memoir of life in prostitution and its lingering influence on a woman's psyche and life.

Climate Changed

We've always dreamed of perfect places: Eden, heaven, Utopia. Imagine gambling without loss, love without heartbreak, sex without exposure, experience without risk. Welcome to the fascinating world of online virtual reality, the land of invented places and populations that is entered and inhabited every week by nearly fifty million people worldwide. Each participant creates a virtual body, works at virtual jobs, and makes virtual friends and family. In Second Lives, Tim Guest, an internationally acclaimed young journalist, takes us on a revelatory journey through the electronic looking glass as he investigates one of the most bizarre phenomena of the twenty-first century. From Second Life to EverQuest and beyond, here are the computer-generated environments and characters that can easily become more engrossing and fulfilling than earthly existence. With the click of a mouse you can select eye color, face shape, height–you can even give yourself wings. Your character, or avatar, can build houses, make and sell works of art, earn money, get married and divorced. In this fascinating and groundbreaking book, Guest meets people who found meaningful love and friendship despite never having met in person, catches up with the companies that have used virtual worlds to make big money, investigates the U.S. military’s massive online global model that trains soldiers to fight anyone anywhere, and travels all the way to gaming-crazed Korea to get a taste for just how big this phenomenon really is. At first glance, these new computer-generated places seem free from trouble and sorrow. But Guest examines the dark side of this technology too, including the online criminals who plague imaginary worlds, from cyber mafiosos and prostitutes to real hackers and terrorists. It seems that one cannot escape greed, corruption, and human weakness—even inside a computer screen. Are these virtual worlds a way to enhance life or to escape it? Guest explores this question personally as he lets himself be transported into myriad

Stones Touring Party

From 1920 to 1940, the Harlem Renaissance produced a bright beacon of light that paved the way for African-Americans all over the country. The unapologetic writings of W. E. B. Du Bois and Marcus Garvey, the fervent fiction and poetry of Zora Neale Hurston and Langston Hughes, the groundbreaking art of Aaron Douglas and William H. Johnson, and the triumphant music of Duke Ellington and Louis Armstrong gave voice and expression to the thoughts and emotions that Jim Crow segregation laws had long sought to stifle. In On the Shoulders of Giants, indomitable basketball star and bestselling author and historian Kareem Abdul-Jabbar invites the reader on an extraordinarily personal journey back to his birthplace, through one of the greatest political, cultural, literary, and artistic movements in our history, revealing the tremendous impact the Harlem Renaissance had on both American culture and his own life. Beginning with the rise of the Harlem Rens as pioneers of professional basketball, Kareem traces the many streams of historical influence that converged to create the man he is today -- the NBA’s all-time leading scorer and a veritable African-American icon. Travel deep into the soul of the Renaissance -- to the night clubs, restaurants, basketball games, and fabulous parties that have made footprints in Harlem’s history. Meet the athletes, jazz musicians, comedians, actors, politicians, entrepreneurs, and writers who not only inspired Kareem’s rise to greatness but an entire nation’s. Kareem Abdul-Jabbar was born in the midst of a cultural reawakening, carried on the shoulders of athletes trying to prove there was a lot more at stake than a ball game, men and women who made music that could break your heart, and writers and intellectuals who gave voice to not just the ideals of a movement but the raw emotions. Kareem tells what it took to get these revolutionaries to Harlem and how they changed the world. A world that is still riding on the shoulders of giants.

A Journey
Journey Through Genius

“A searing and emotionally gripping account of a young black girl growing up to become a strong black woman during the most difficult time of racial segregation.”—Professor Charles Ogletree, Harvard Law School “Provides important context for an important moment in America’s history.”—Associated Press

When fourteen-year-old Carlotta Walls walked up the stairs of Little Rock Central High School on September 25, 1957, she and eight other black students only wanted to make it to class. But the journey of the “Little Rock Nine,” as they came to be known, would lead the nation on an even longer and much more turbulent path, one that would challenge prevailing attitudes, break down barriers, and forever change the landscape of America. For Carlotta and the eight other children, simply getting through the door of this admired academic institution involved angry mobs, racist elected officials, and intervention by President Dwight D. Eisenhower, who was forced to send in the 101st Airborne to escort the Nine into the building. But entry was simply the first of many trials. Breaking her silence at last and sharing her story for the first time, Carlotta Walls has written an engrossing memoir that is a testament not only to the power of a single person to make a difference but also to the sacrifices made by families and communities that found themselves a part of history.

The Pimping of Prostitution

An eye-opening exploration of blood, the lifegiving substance with the power of taboo, the value of diamonds and the promise of breakthrough science. Blood carries life, yet the sight of it makes people faint. It is a waste product and a commodity pricier than oil. It can save lives and transmit deadly infections. Each one of us has roughly nine pints of it, yet many don’t even know their own blood type. And for all its ubiquity, the few tablespoons of blood discharged by 800 million women are still regarded as taboo: menstruation is perhaps the single most demonized biological event. Rose George, author of The Big Necessity, is renowned for her intrepid work on topics that are invisible but vitally important. In Nine Pints, she takes us from ancient practices of bloodletting to the breakthrough of the "liquid biopsy," which promises to diagnose cancer and other diseases with a simple blood test. She introduces Janet Vaughan, who set up the world’s first system of mass blood donation during the Blitz, and Arunachalam Muruganantham, known as “Menstrual Man” for his work on sanitary pads for developing countries. She probes the lucrative business of plasma transfusions, in which the US is known as the “OPEC of plasma.” And she looks to the future, as researchers seek to bring synthetic blood to a hospital near you. Spanning science and politics, stories and global epidemics, Nine Pints reveals our life's blood in an entirely new light. Nine Pints was named one of Bill Gates recommended summer reading titles for 2019.
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Over the Top

A much-praised memoir of living and surviving mental illness as well as "a stereotype-shattering look at a tenacious woman whose brain is her best friend and her worst enemy" (Time). Elyn R. Saks is an esteemed professor, lawyer, and psychiatrist and is the Orrin B. Evans Professor of Law, Psychology, Psychiatry, and the Behavioral Sciences at the University of Southern California Law School, yet she has suffered from schizophrenia for most of her life, and still has ongoing major episodes of the illness. The Center Cannot Hold is the eloquent, moving story of Elyn's life, from the first time that she heard voices speaking to her as a young teenager, to attempted suicides in college, through learning to live on her own as an adult in an often terrifying world. Saks discusses frankly the paranoia, the inability to tell imaginary fears from real ones, the voices in her head telling her to kill herself (and to harm others), as well as the incredibly difficult obstacles she overcame to become a highly respected professional. This beautifully written memoir is destined to become a classic in its genre.

Whistleblower

After eleven years living as an American in London, Paul Theroux set out to travel clockwise round the coast and find out what Britain and the British are really like. It was 1982, the summer of the Falklands War and the royal baby, and the ideal time, he found, to surprise the British into talking about themselves. The result is vivid and absolutely riveting reading. ‘A sharp and funny descriptive writer. One of his golden talents, perhaps because he is American and therefore classless in British eyes, is the ability to chat up and get on with all sorts ’ The Times.

My Alien Self

A laugh-and-cry-out-loud memoir from the beloved star of Netflix’s Queer Eye, Jonathan Van Ness Who gave Jonathan Van Ness permission to be the radiant human he is today? No one, honey. The truth is, it hasn’t always been gorgeous for this beacon of positivity and joy. Before he stole our hearts as the grooming and self-care expert on Netflix’s hit show Queer Eye, Jonathan was growing up in a small Midwestern town that didn’t understand why he was so…over the top. From choreographed carpet figure skating routines to the unavoidable fact that he was Just. So. Gay., Jonathan was an easy target and endured years of judgement, ridicule and trauma—yet none of it crushed his uniquely effervescent spirit. Over the Top uncovers the pain and passion it took to end up becoming the model of self-love and acceptance that Jonathan is today. In this revelatory, raw, and rambunctious memoir, Jonathan shares never-before-told secrets and reveals sides of himself that the public has never seen. JVN fans may think they know the man behind the stiletto heels, the crop tops, and the iconic sayings, but there’s much more to him than meets the Queer Eye. You’ll laugh, you’ll cry, and you’ll come away
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knowing that no matter how broken or lost you may be, you’re a Kelly Clarkson song, you’re strong, and you’ve got this.

The Center Cannot Hold

"Sharp and engrossing . . . A powerful illustration of the obstacles our society continues to throw up in the paths of ambitious young women, and the ways that institutions still protect and enable badly behaving men." --The New York Times Book Review "A very important read . . . frightening but also very empowering." --Gayle King, CBS This Morning

The powerful and inspiring story of the young woman who faced down one of the most valuable startups in Silicon Valley history

Named a Most Anticipated Book of 2020 by Vogue, Forbes, and Cosmopolitan

Susan Fowler was just twenty-five years old when her blog post describing the sexual harassment and retaliation she'd experienced at Uber riveted the nation. Her post would eventually lead to the ousting of Uber's powerful CEO, but its ripples extended far beyond that, as her courageous choice to attach her name to the post inspired other women to speak publicly about their experiences. In the year that followed, an unprecedented number of women came forward, and Fowler was recognized by Time as one of the Silence Breakers who ignited the #MeToo movement. Now, she tells her full story for the first time: a story of extraordinary determination and resilience that reveals what it takes--and what it means--to be a whistleblower. Long before she arrived at Uber, Fowler's life had been defined by her refusal to accept her circumstances. She propelled herself from an impoverished childhood with little formal education to the Ivy League, and then to a coveted position at one of the most valuable companies in the history of Silicon Valley. Each time she was mistreated, she fought back or found a way to reinvent herself; all she wanted was the opportunity to define her own dreams and work to achieve them. But when she discovered Uber's pervasive culture of sexism, racism, harassment, and abuse, and that the company would do nothing about it, she knew she had to speak out--no matter what it cost her. Whistleblower takes us deep inside this shockingly toxic workplace and reveals new details about the aftermath of the blog post, in which Fowler was investigated and followed, hacked and threatened, to the point that she feared for her life. But even as it illuminates how the deck is stacked in favor of the status quo, Fowler's story serves as a crucial reminder that we can take our power back. Both moving personal narrative and rallying cry, Whistleblower urges us to be the heroes of our own stories, and to keep fighting for a more just and equitable world.

To the Mountaintop

Legendary actor Val Kilmer shares the stories behind his most beloved roles, reminisces about his star-studded career and love life, and reveals the truth behind his recent health struggles in a remarkably candid autobiography. Val Kilmer has played many iconic roles over his nearly four-decade film career. A table-dancing Cold War agent in Top Secret! A troublemaking science prodigy in Real Genius. A brash fighter pilot in Top Gun. A swashbuckling knight in Willow. A lovelorn
bank robber in Heat. A charming master of disguise in The Saint. A wise-cracking detective in Kiss Kiss Bang Bang. Of course, Batman, Jim Morrison and the sharp-shooting Doc Holliday. But who is the real Val Kilmer? With I’m Your Huckleberry—published ahead of next summer’s highly anticipated sequel Top Gun: Maverick, in which Kilmer returns to the big screen as Tom “Iceman” Kazansky—the enigmatic actor at last steps out of character and reveals his true self. In this uniquely assembled memoir—featuring vivid prose, snippets of poetry and rarely-seen photos—Kilmer reflects on his acclaimed career, including becoming the youngest actor ever admitted to the Juilliard School’s famed drama department, determinedly campaigning to win the lead part in The Doors, and realizing a years-long dream of performing a one-man show as his hero Mark Twain. He shares candid stories of working with screen legends Marlon Brando, Tom Cruise, Robert Downey Jr. and Robert De Niro, and recounts high-profile romances with Cher, Cindy Crawford, Daryl Hannah, and former wife Joanne Whalley. He chronicles his spiritual journey and lifelong belief in Christian Science, and describes travels to far-flung locales such as a scarcely inhabited island in the Indian Ocean where he suffered from delirium and was cared for by the resident tribe. And he reveals details of his recent throat cancer diagnosis and recovery—about which he has disclosed little until now. While containing plenty of tantalizing celebrity anecdotes, I’m Your Huckleberry—taken from the famous line Kilmer delivers as Holliday in Tombstone—is ultimately a singularly written and deeply moving reflection on mortality and the mysteries of life.

Second Lives

In 1997, the biggest Labour victory in history swept England, ending eighteen years of Conservative government. Prime Minister Tony Blair — young, charismatic and complex — shaped the nation profoundly in the ten years that followed. From his work in Northern Ireland to the wars in Iraq and Afghanistan, few of his decisions were free from scrutiny and debate. Alternately beloved and reviled, he was an international figure to a degree matched by few British leaders — a role he continues in to this day through the Tony Blair Faith Foundation and his work in the Middle East. Now, for the first time, we see the fascinating journey and difficult choices of the prime minister through his own eyes. Grippingly candid and deeply intimate, A Journey is a must-read political memoir, full of startling insights into a host of world leaders, including George W. Bush and Bill Clinton. It is also a book that delves deeply and profoundly into what it means to be in a position of great power today, and its emotional and personal toll.

Paid For: My Journey Through Prostitution

#1 New York Times bestseller With a new afterword Now a Major Motion Picture Starring Steve Carell * Timothée Chalamet * Maura Tierney * and Amy Ryan “A brilliant, harrowing, heartbreaking, fascinating story, full of beautiful moments and hard-won wisdom. This book will save a lot of lives and heal a lot of hearts.” — Anne Lamott “When one of us tells the truth, he
makes it easier for all of us to open our hearts to our own pain and that of others.’ That’s ultimately what Beautiful Boy is about: truth and healing.” — Mary Pipher, author of Reviving Ophelia What had happened to my beautiful boy? To our family? What did I do wrong? Those are the wrenching questions that haunted David Sheff’s journey through his son Nic’s addiction to drugs and tentative steps toward recovery. Before Nic became addicted to crystal meth, he was a charming boy, joyous and funny, a varsity athlete and honor student adored by his two younger siblings. After meth, he was a trembling wraith who lied, stole, and lived on the streets. David Sheff traces the first warning signs: the denial, the three a.m. phone calls—is it Nic? the police? the hospital? His preoccupation with Nic became an addiction in itself. But as a journalist, he instinctively researched every treatment that might save his son. And he refused to give up on Nic. “Filled with compelling anecdotes and important insights . . . An eye-opening memoir.” — Washington Post

In Real Life

For the better part of a decade, Edward Ugel spent his time closing deals with lottery winners, making a lucrative and legitimate—if sometimes not-so-nice—living by taking advantage of their weaknesses . . . weaknesses that, as a gambler himself, he knew all too well. In Money for Nothing, he explores the captivating world of lottery winners and shows us how lotteries and gambling have become deeply inscribed in every aspect of American life, shaping our image of success and good fortune. Money for Nothing is a witty, wise, and often outrageously funny account of high expectations and easy money.

From the Outside

This is a memoir by two-time CrossFit Games champion, Katrin Davidsdottir. Dottir is two-time consecutive CrossFit Games Champion Katrin Davidsdottir's inspiring and poignant memoir. As one of only three women in history to have won the title of “Fittest Woman on Earth” twice, Davidsdottir knows all about the importance of mental and physical strength. She won the title in 2015, backing it up with a second win in 2016, after starting CrossFit in just 2011. A gymnast as a youth, Davidsdottir wanted to try new challenges and found a love of CrossFit. But it hasn't been a smooth rise to the top. In 2014, just one year before taking home the gold, she didn't qualify for the Games. She used that loss as motivation and fuel for training harder and smarter for the 2015 Games. She pushed herself and refocused her mental game. Her hard work and perseverance paid off with her return to the Games and subsequent victories in 2015 and 2016. In Dottir, Davidsdottir shares her journey with readers. She details her focus on training, goal setting, nutrition, and mental toughness.

My Teenage Werewolf
Selected as a Best Book of the Year by Esquire "Couldn't put it down." – Charlamagne Tha God "Mesmerizing." – Raekwon da Chef "Insightful, moving, necessary." – Shea Serrano "Cathartic." –The New Yorker "A classic." –The Washington Post The explosive, never-before-told story behind the historic rise of the Wu-Tang Clan, as told by one of its founding members, Lamont "U-God" Hawkins. “It’s time to write down not only my legacy, but the story of nine dirt-bomb street thugs who took our everyday life—scrappin’ and hustlin’ and tryin’ to survive in the urban jungle of New York City—and turned that into something bigger than we could possibly imagine, something that took us out of the projects for good, which was the only thing we all wanted in the first place.” —Lamont "U-God" Hawkins The Wu-Tang Clan are considered hip-hop royalty. Remarkably, none of the founding members have told their story—until now. Here, for the first time, the quiet one speaks. Lamont “U-God” Hawkins was born in Brownsville, New York, in 1970. Raised by a single mother and forced to reckon with the hostile conditions of project life, U-God learned from an early age how to survive. And surviving in New York City in the 1970s and 1980s was no easy task—especially as a young black boy living in some of the city’s most ignored and destitute districts. But, along the way, he met and befriended those who would eventually form the Clan’s core: RZA, GZA, Method Man, Raekwon, Ol’ Dirty Bastard, Inspectah Deck, Ghostface Killah, and Masta Killa. Brought up by the streets, and bonding over their love of hip-hop, they sought to pursue the impossible: music as their ticket out of the ghetto. U-God’s unforgettable first-person account of his journey, from the streets of Brooklyn to some of the biggest stages around the world, is not only thoroughly affecting, unfiltered, and explosive but also captures, in vivid detail, the making of one of the greatest acts in American music history.

Raw

A personal history of the Civil Rights Movement from an activist and acclaimed journalist begins at the 2009 presidential inauguration of Barak Obama and journeys back through the decades, offering witness to the events of the social movement that changed the course of United States history and honoring the men and women on whose shoulders Obama stands.

The Truths We Hold

An astonishingly brave memoir of prostitution and its lingering influence on a woman’s psyche and life. “The best work by anyone on prostitution ever, Rachel Moran’s Paid For fuses the memoirist’s lived poignancy with the philosopher’s conceptual sophistication. The result is riveting, compelling, incontestable. Impossible to put down. This book provides all anyone needs to know about the reality of prostitution in moving, insightful prose that engages and disposes of every argument ever raised in its favor.” —Catharine A. MacKinnon, law professor, University of Michigan and Harvard University

Born into a troubled family, Rachel Moran left home at the age of fourteen. Being homeless, she was driven into prostitution
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to survive. With intelligence and empathy, she describes the exploitation she and others endured on the streets and in the brothels. Moran also speaks to the psychological damage inherent to prostitution and the inevitable estrangement from one’s body. At twenty-two, Moran escaped the sex trade. She has since become a writer and an abolitionist activist.

David's Inferno

“A funny yet surprisingly nuanced look at the legends and ideas of the self-help industry” (People, 3.5 stars), Promise Land explores the American devotion to self-improvement—even as the author attempts some deeply personal improvements of her own. Raised by a child psychologist who was himself the author of numerous self-help books, as an adult Jessica Lamb-Shapiro found herself both repelled and fascinated by the industry: did all of these books, tapes, weekend seminars, groups, posters, t-shirts, and trinkets really help anybody? Why do some people swear by the power of positive thinking, while others dismiss it as so many empty promises? Promise Land is an irreverent tour through the vast and strange reaches of the world of self-help. In the name of research, Jessica attempted to cure herself of phobias, followed The Rules to meet and date men, walked on hot coals, and even attended a self-help seminar for writers of self-help books. But the more she delved into the history and practice of self-help, the more she realized her interest was much more than academic. Forced into a confrontation with the silent grief that had haunted both her and her father since her mother’s death when she was a baby, she realized that sometimes thinking you know everything about a subject is a way of hiding from yourself the fact that you know nothing at all. “A jaunty, cannily written memoir” (Chicago Tribune), Promise Land is cultural history from “a witty and enjoyably self-aware writer...Jessica Lamb-Shapiro’s talent as a storyteller is undeniable” (The New York Times Book Review).

The Trade

The record-holding two-time National Basketball Association champion reflects on his work ethic, his on-the-court friendships and rivalries, the great teams he's played for, and what it takes to have a long and successful career in this thoughtful, in-depth memoir. Playing in the NBA for eighteen years, Ray Allen won championships with the Boston Celtics and the Miami Heat and entered the record books as the original king of the three-point shot. Known as one of the hardest-working and highest-achieving players in NBA history, this most dedicated competitor was legendary for his sharp shooting. From the Outside, complete with a foreword by Spike Lee, is his story in his words: a no-holds-barred look at his life and career, filled with behind-the-scenes stories and surprising revelations about the game he has always cherished. Allen talks openly about his fellow players, coaches, owners, and friends, including LeBron James, Kobe Bryant, and Kevin Garnett. He reveals how, as a kid growing up in a military family, he learned about responsibility and respect—the key to making those perfect free throws and critical three-point shots. From the Outside is the portrait of a gifted athlete and a serious man with
a strongly defined philosophy about the game and the right way it should be played—a philosophy that, at times, set him apart from colleagues and coaches, while inspiring so many others, and lead to the most pivotal shot of his career: the unforgettable 3-pointer in the final seconds of Game 6 of the 2013 NBA finals against the San Antonio Spurs. Throughout, Allen makes clear that success in basketball is as much about what happens off the court as on, that devotion and commitment are the true essence of the game—and of life itself.

On the Shoulders of Giants

In 2014, Jere Van Dyk traveled to Afghanistan to try to discover the motives behind a kidnapping that had occurred six years earlier--his own. He was haunted by questions about why he was taken and why he was released, and troubled by the refusal of his friends, employer, and government employees to offer him a full account of what they knew. An experienced investigative reporter, he began a quest to interrogate the accuracy of everything he was told, including from the people he trusted most. In pursuing his kidnappers, and the stories of the intermediaries and money men, Van Dyk uncovered not just the story of his own abduction but the operation of what he calls the Trade: the business of kidnapping. Operating according to its own shadowy rules, the Trade has become a murky form of negotiation between criminal groups, corporations, families, and governments who have no formal lines of communication. Van Dyk's journey took him from up near the Tribal Areas of Pakistan, to the tea shops of Kabul, to the Obama White House, and revealed evidence of lucrative transactions and rival bandit groups working under the direction of intelligence services. In its course, he met the families of many Americans who were or are still kidnapped, bargaining chips at the mercy of violent and pitiless extremists who thrive in the world's most lawless spaces.

The Kingdom by the Sea

‘A compelling account of the Stones trashing America during 1972... Greenfield was allowed the kind of access journalists can only dream of today’ The Times The Stones’ 1972 tour of the States was perhaps their best – and certainly most notorious – ever. Their previous visit in 1969 had ended in the nightmare of Altamont; now, three years later, they had just recorded their two finest albums, Sticky Fingers and Exile on Main Street, and were musically in their prime – if also personally at their most dissolute and debauched. Robert Greenfield, one of America’s finest writers, went along for the ride and came back with a riveting account of high living, excess and rock & roll fury, from the Playboy Mansion to the jail cells of Rhode Island. This was an extended tour Party, capital P, to which all America’s hip, rich and glitzy were invited, from Truman Capote to Stevie Wonder, Annie Liebowitz to Hugh Hefner. The result has been acclaimed as one of the all-time classic music books. Published for some years by Helter Skelter under the title A Journey Through America with the Rolling Stones, it is now reissued by Aurum under its original title with a new introduction by the author. Robert Greenfield is also
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the author of Exile on Main Street: A Season in Hell with the Rolling Stones and biographies of Timothy Leary and Jerry Garcia. He lives in California.

Nine Pints

What are the causes and consequences of climate change? When the scale is so big, can an individual make any difference? Documentary, diary, and masterwork graphic novel, this up-to-date look at our planet and how we live on it explains what global warming is all about. With the most complicated concepts made clear in a feat of investigative journalism by artist Philippe Squarzoni, Climate Changed weaves together scientific research, extensive interviews with experts, and a call for action. Weighing the potential of some solutions and the false promises of others, this groundbreaking work provides a realistic, balanced view of the magnitude of the crisis that An Inconvenient Truth only touched on. Climate Changed is printed on FSC-certified paper from responsibly-managed, environmentally-sound sources. Find teaching guides for Climate Changed and other titles at abramsbooks.com/resources.

Paid for

This is a true story everyone should read. 100+ 4*/5* reviews! A roller coaster ride of mental health issues, travel, relationships, rape, adventures, eating disorder, abuse, drugs, alcohol. Adults only. If I told you I'd been to twenty-four Countries (twenty-one by the time I was twenty-two), that I'd worked in Japan for nine months, toured Australia for six months, enjoyed seven months in Thailand and met and campaigned for the Orangutan in Borneo, you might think that I was pretty lucky. If I told you I'd worked in the hotel industry, for a sexual health department in a hospital and with prisoners in a drug cell block of a male prison, that I'd worked as a recruitment consultant, in so many office jobs I've lost count, as well as having my own company and multiple websites, at age thirty-six, then you might think I've had an interesting life. But if I added to that a mix of child rape, mental health problems, promiscuity, drug taking, alcohol abuse, eating disorders, self-harm, violence, mood swings, obsession, jealousy, loss of self worth, being raised by a mentally ill mother, bankruptcy, thyroid and gastro problems and public masturbation in school at age nine, then I am not sure what you'd think. But this is me; Amanda Green. This is my life, my story; my journey back to me from depression, anxiety, panic attacks, OCD and Borderline Personality Disorder - mental illness which manifested during my life and came out 'to it's peak' in my thirties. I was able to use my collection of mementos, photos, diaries, journals, letters, emails and text messages of my past to finally see who I had become, and more importantly with a combination of therapy, medication and my writing, how I became that alien self and how I found the real me. One of many 5* reviews "I would thoroughly recommend this book not just to those suffering with mental health issues, but to those who would also like a jolly good read!" The editor (Debz Hobbs-Wyatt) adds.

This is the journey of a normal working class girl, trapped in a roller coaster world
of disorder and excitement, love and joy, depression and anger - and her fight against stigma While My Alien Self would be inspiring for any sufferer, their families or medical teams in its honest insights into living with a mental illness, it also has universal appeal. For who, at times, has not felt their life spin into chaos and wondered what is normal? This story effectively and openly highlights just how fine the line is between what is normal, and what is 'mental illness' And everyone who reads it will be able to relate to it. Contains explicit language and sexual scenes Emergence had this to say "We very much enjoyed reading this honest and powerful account of Amanda’s journey from diagnosis to recovery. We applaud such authentic and candid accounts of the devastation that can be experienced by those living with personality disorder and of the message of hope and recovery that the book conveys." Bon Dobbs (Anything To Stop The Pain and Author of 'When hope is not enough') said 'While there are many borderline personality disorder memoirs out now (including 'The Buddha and the Borderline', 'Loud House of Myself', 'Get Me Out of Here', 'Girl in Need of a Tourniquet' and 'Poisoned Love'), My Alien Self goes a long way to providing hope to the sufferers of BPD. By publishing the steps taken to reframe certain ways thinking, through CBT worksheets and other exercises, the author has revealed that recovery from BPD is possible.' I self published this book and am very proud of that fact, because I was able to write it exactly as I wanted it to be written, with the help from my fabulous editor, Debz Hobbs-Wyatt. Whilst the massive help a publisher and agent gives, they do narrow down what is published, so I took on the journey to publish it and market it myself. There's a sequel out too, called '39'. It's quite different, but it leads on from this one :-)

Dottir

An instant New York Times bestseller! “Rapinoe's 'signature pose' from the 2019 FIFA Women's World Cup is synonymous to the feeling we got when finishing this book: heart full, arms wide and ready to take up space in this world.”—USA Today Megan Rapinoe, Olympic gold medalist and two-time Women's World Cup champion, reveals for the first time her life both on and off the field. Guided by her personal journey into social justice, brimming with humor, humanity, and joy, she urges all of us to ask ourselves, What will you do with your one life? Only four years old when she kicked her first soccer ball, Megan Rapinoe developed a love – and clear talent – for the game at a young age. But it was her parents who taught her that winning was much less important than how she lived her life. From childhood on, Rapinoe always did what she could to stand up for what was right—even if it meant going up against people who disagreed. In One Life, Megan Rapinoe invites readers on a remarkable journey, looking back on both her victories and her failures, and pulls back the curtain on events we know only from the headlines. After the 2011 World Cup, discouraged by how few athletes were open about their sexuality, Rapinoe decided to come out publicly as gay and use her platform to advocate for marriage equality. Recognizing the power she had to bring attention to critical issues, in 2016 she took a knee during the national anthem in solidarity with former NFL player Colin Kaepernick to protest racial injustice and police brutality—the first high-profile white athlete to do so. The backlash was immediate, but it couldn't compare to the overwhelming support. Rapinoe became a force of change.
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Here for the first time, Rapinoe reflects upon some of the most pivotal moments in her life and career – from her realization in college that she was gay, through the disputes with soccer coaches and officials over her decision to kneel, to the first time she met her now-fiancé WNBA champion Sue Bird, and up through suing the US Soccer Federation over gender discrimination and equal pay. Throughout, Rapinoe makes clear the obligation we all have to speak up, and the impact each of us can have on our communities. Deeply personal and inspiring, One Life reveals that real, concrete change lies within all of us, and asks: If we all have the same resource—this one precious life, made up of the decisions we make every day—what are you going to do? "One Life makes it clear that Rapinoe’s greatest accomplishments may ultimately come away from the soccer pitch. She’s a new kind of American hero."—San Francisco Chronicle

Money for Nothing

In 1997, Oxford graduate, working mother and Times journalist Rachel Kelly went from feeling mildly anxious to being completely unable to function within the space of just three days. Prescribed antidepressants by her doctor, and supported by her husband and her family, Rachel slowly began to get better, but her anxiety levels remained high, and six years later, as a stay-at-home mother, she suffered a second collapse even worse than the first. Throughout both of Rachel's periods of severe depression, the healing power of poetry became an integral part of her recovery. As someone who had always loved poetry, it became something for Rachel to cling on to in times of need - from repeating short mantras to learning and reciting entire poems - these words and verses became a powerful force for change in her life. In Black Rainbow Rachel analyses why poetry can be one answer to depression, and the book contains a selected 40 of the poems that provided Rachel with solace and comfort during her breakdown and recovery. At a time when mental health problems and depression are becoming more common, and the stigma around such issues is finally being lifted, this book offers a lifeline for anyone seeking to understand depression and seek new ways to treat it. Poetry is free, has no side-effects and, as Rachel can attest, 'prescribing words instead of pills' can be an incredibly powerful remedy.

The Nile

‘ONE OF THE FIRST POLITICAL CLASSICS OF THE 21st CENTURY’- Observer ‘EXTRAORDINARILY POWERFUL, POIGNANT AND AFFECTING. I WAS GREATLY MOVED’ Michael Palin FOREWORD BY CHRISTINA LAMB Journalist Samar Yazbek was forced into exile by Assad's regime. When the uprising in Syria turned to bloodshed, she was determined to take action and secretly returned several times. The Crossing is her rare, powerful and courageous testament to what she found inside the borders of her homeland. From the first peaceful protests for democracy to the arrival of ISIS, she bears witness to those struggling to survive, to the humanity that can flower amidst annihilation, and why so many are now desperate to flee.
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The Crossing

A confessional, uplifting memoir from the beloved YouTube personality. It’s not where you begin that matters. It's where you end up. Twenty-three year old Joey Graceffa has captured the hearts of millions of teens and young adults through his playful, sweet, and inspirational YouTube presence (not to mention his sparkling eyes and perfect hair). Yet, Joey wasn’t always comfortable in his skin, and in this candid memoir, he thoughtfully looks back on his journey from pain to pride, self-doubt to self-acceptance. To his fans, Joey is that best friend who always captures the brighter side of life but also isn’t afraid to get real. In the pages of his first book, he opens up about his years of struggling with family hardships and troubles at school, with cruel bullying and the sting of rejection. He tells of first loves and losses, embarrassing moments and surprising discoveries, loneliness, laughter, and life-changing forks in the road, showing us the incalculable value of finally finding and following your true passion in this world. Funny, warm-hearted, and inspiring, Joey Graceffa’s story is a welcome reminder that it’s not where you begin that matters, but where you end up.

Promise Land

Named one of the best books of 2019 by The Economist and a New York Times Book Review Editors' Choice. A National Jewish Book Award finalist. "A superb and touching book about the frailty of ties that hold together places and people." --The New York Times Book Review An award-winning historian shares the true story of a frayed and diasporic Sephardic Jewish family preserved in thousands of letters For centuries, the bustling port city of Salonica was home to the sprawling Levy family. As leading publishers and editors, they helped chronicle modernity as it was experienced by Sephardic Jews across the Ottoman Empire. The wars of the twentieth century, however, redrew the borders around them, in the process transforming the Levys from Ottomans to Greeks. Family members soon moved across boundaries and hemispheres, stretching the familial diaspora from Greece to Western Europe, Israel, Brazil, and India. In time, the Holocaust nearly eviscerated the clan, eradicating whole branches of the family tree. In Family Papers, the prizewinning Sephardic historian Sarah Abrevaya Stein uses the family’s correspondence to tell the story of their journey across the arc of a century and the breadth of the globe. They wrote to share grief and to reveal secrets, to propose marriage and to plan for divorce, to maintain connection. They wrote because they were family. And years after they frayed, Stein discovers, what remains solid is the fragile tissue that once held them together: neither blood nor belief, but papers. With meticulous research and care, Stein uses the Levys' letters to tell not only their history, but the history of Sephardic Jews in the twentieth century.

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